



# School Start Times: Community Feedback Survey Results

**Department of School Leadership  
May 2019**

# Presentation Overview

- Resolution and Timeline Reminders
- Review Feedback Plan and Options
- Survey Results and Option Preferences
- Feedback from specific groups
- Questions and discussion

# November 2018 Resolution

**RESOLVED:** That the School Board of the City of Virginia Beach hereby directs the Superintendent to develop school start time options that allow adolescent students to start school later; and be it

**FURTHER RESOLVED:** That in developing options for the School Board to consider, the Superintendent and Administration will take the following factors into consideration: the 2016 Transportation Study from School Bus Consultants; the 2017 Survey of VBCPS Stakeholders on Start Times; relevant research studies on adolescent sleep patterns, start times, social-emotional needs, academic achievement, student attendance, and graduation data; operational and facility needs to support the shift in times; community input (through focus groups or forums) to review and gather feedback on options for school start times; and the need for a comprehensive communication plan about any changes to school start times.

# Current Timeline Reminders

Spring 2019

Based on School Board Action, Administration asks community for feedback on the top options that have been developed

July 2019/Sept 2019

During Summer Retreat and September Meetings, School Board reviews Administrative recommendation and approves revised school start times for implementation in September 2020 for SY 2020/2021

SY 2019/2020

Planning Year for shift in Start Times

September 2020

Implementation of new schedule

# VBCPS Current School Start Times

High Schools: 7:20 a.m. to 2:10 p.m.

Elementary A Schools: 8:10 a.m. to 2:40 p.m.

Elementary B Schools: 8:40 a.m. to 3:10 p.m.

Middle Schools: 9:30 a.m. to 4:00 p.m.

# School Start Times Change: Option A

Elementary A Schools: 7:30 a.m. to 2 p.m.

Elementary B Schools: 8 a.m. to 2:30 p.m.

Middle Schools: 8:45 a.m. to 3:15 p.m.

High Schools: 9:25 a.m. to 4:15 p.m.

## Strengths:

- All adolescent students would have start times of 8 a.m. or later
- Middle school students would have an earlier release time
- Revised schedule would match medical research for all students' sleep patterns

## Challenges:

- Potential need for additional bus drivers
- Some elementary pick up times could begin at 6:45 a.m. (+/- 2500 students)
- All high schools would require field lighting
- Transportation for middle school athletics/elementary tutoring could be impacted

**Approximately \$2.5 million in one-time costs for HS field lights**

# School Start Times Change: Option B

Elementary A Schools: 7:45 a.m. to 2:15 p.m.

Elementary B Schools: 8:15 a.m. to 2:45 p.m.

Middle Schools: 9 a.m. to 3:30 p.m.

High Schools: 9:40 a.m. to 4:30 p.m.

## Strengths:

- All adolescent students would have start times of 8 a.m. or later
- Middle school students would have an earlier release time
- Most, if not all, elementary students picked up after 7 a.m.
- Revised schedule would match medical research for all students' sleep patterns

## Challenges:

- Potential need for additional bus drivers
- High school drop off times could end at 5 p.m.
- All high school fields would require lighting
- Transportation for middle school athletics/elementary tutoring could be impacted

**Approximately \$2.5 million in one-time costs for HS field lights**

# School Start Times Change: Option C

Middle Schools: 7:30 a.m. to 2:00 p.m.

Elementary A Schools: 8:05 a.m. to 2:35 p.m.

Elementary B Schools: 8:40 a.m. to 3:10 p.m.

High Schools: 9:20 a.m. to 4:10 p.m.

## Strengths:

- Adolescents in high schools would have start times after 8 a.m.
- Elementary families would maintain similar schedules
- Middle school students would have ample opportunity for afterschool remediation or activities

**Approximately \$2.5 million in one-time costs for HS field lights**

## Challenges:

- Potential need for additional bus drivers
- Adolescents in middle school would start prior to 8 a.m.
- All high school fields would require lighting
- Transportation to middle school athletics and ODS participation would be impacted



# School Start Times Change: Option D

High Schools: 8 a.m. to 2:50 p.m.

Elementary A Schools: 8:50 a.m. to 3:20 p.m.

Elementary B Schools: 9:20 a.m. to 3:50 p.m.

Middle Schools: 10:10 a.m. to 4:40 p.m.

## Strengths:

- No additional buses or drivers are needed
- All adolescent students would have school start times later than 8 a.m.
- High school activities would have little to no impact

## Challenges:

- Middle school start times and end times would be later
- All middle school fields would require lighting
- Governor's School students drop off times would be delayed

**Approximately \$10 million in  
one-time costs for MS field lights**

# Community Feedback Plan/Sharing Results

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April 23	Meeting w/ Teacher Assembly Group ( <b>86 teachers</b> )
April 24	Meeting w/ Elementary Principal's League ( <b>56 principals</b> ) Teacher Forum Members ( <b>28 participants</b> )
April 25	Meeting w/ Middle School League ( <b>13 principals</b> ) Superintendent's Student Advisory Council ( <b>32 students</b> )
April 29 - May15	e-Town Hall available for community to offer feedback on the start time option ( <b>19,375 participants</b> )
April 29	Meeting w/ Beach District League ( <b>15 principals</b> )
Week of May 6	Community Meetings to review research, options, and gather feedback Meeting #1 – Bettie F. Williams on May 6 ( <b>7 participants</b> ) Meeting #2 – Landstown HS on May 7 ( <b>31 participants</b> ) Meeting #3 – Plaza Middle School on May 8 ( <b>36 participants</b> )
May 28	School Board Workshop to review data collected during feedback process
July 8/9	School Board Retreat topic to review administrative recommendation

# Survey Results Overview

	Elementary School	Middle School	High School
Parent Responses (8426) – 44%	52% (4735)	37% (3388)	48% (4345)

	Elementary School	Middle School	High School	Central Support
Staff Responses (4245) – 22%	35% (1677)	23% (1131)	36% (1720)	7% (314)

# Survey Results Overview, cont.

	Elementary School	Middle School	High School
Student Responses (7335) – 38%	2% (113)	22% (1634)	77% (5713)

Community Member  
Responses  
(907) – 5%

## Survey Details

Attendees: 27237  
Responses: 19375  
Hours of Public Comment: 968.8

# Have you visited the school start times landing page to review information?

Visited start times landing page?	Yes	No
Overall Results	<b>83%</b>	<b>17%</b>
Parents (Overall)	84%	16%
Staff (Overall)	87%	13%
Students (Overall)	79%	21%
Community	83%	17%

# Did you watch introductory video?

Watch intro video?	Yes	No
Overall Results	<b>80%</b>	<b>20%</b>
Parents (Overall)	83%	17%
Staff (Overall)	82%	18%
Students (Overall)	75%	25%
Community	82%	18%

With implementation scheduled for fall of 2020,  
I/my family will have time to make necessary  
accommodations for new start times.

Enough time to make accommodations for new school start times (Fall of 2020)	Strongly Agree/Agree
Overall Results	<b>77%</b>
Parents (Overall)	83%
Staff (Overall)	83%
Students (Overall)	67%
Community	78%

# Preferences - Start Time Options

School Start Time Options	Option A	Option B	Option C	Option D
Survey Results	ES (7:30am-2pm) ES (8am-2:30pm) MS (8:45am-3:15pm) HS (9:25am -4:15pm) Expense: 2.5 million	ES (7:45am-2:15pm) ES (8:15am-2:45pm) MS (9am-3:30pm) HS (9:40am-4:30pm) Expense: 2.5 million	MS (7:30am-2pm) ES (8:05am-2:35pm) ES (8:40am -3:10pm) HS (9:20am-4:10pm) Expense: 2.5 million	HS (8am-2:50pm) ES (8:50am-3:20pm) ES (9:20am-3:50pm) MS (10:10am-4:40pm) Expense: 10 million
Overall Results 19375	3	4	2	1
Parents (Overall) 8426	3	2	1	4
Staff Members (Overall) 4245	2	3	1	4
Students (Overall) 7335	4	3	2	1
Community Members 907	4	3	2	1
Average Score	3.2	2.75	1.2	2.0



# Preferences - Start Time Options

School Start Time Options	<u>Option A</u> ES (7:30am-2pm) ES (8am-2:30pm) MS (8:45am-3:15pm) HS (9:25am -4:15pm) Expense: 2.5 million	<u>Option B</u> ES (7:45am-2:15pm) ES (8:15am-2:45pm) MS (9am-3:30pm) HS (9:40am-4:30pm) Expense: 2.5 million	<u>Option C</u> MS (7:30am-2pm) ES (8:05am-2:35pm) ES (8:40am -3:10pm) HS (9:20am-4:10pm) Expense: 2.5 million	<u>Option D</u> HS (8am-2:50pm) ES (8:50am-3:20pm) ES (9:20am-3:50pm) MS (10:10am-4:40pm) Expense: 10 million
Overall Results 19375	3	4	2	1
Adult Responses 12151	2	3	1	4
Elementary & Middle Parents 6349	3	1	2	4

# Preferences - Start Time Options

School Start Times Tier Structure Preference	<u>ES as First Tier (A&amp;B)</u>	<u>MS as First Tier (C)</u>	<u>HS as First Tier (D)</u>
	ES	MS	HS
	ES	ES	ES
	MS	ES	ES
	HS	HS	MS
	Expense: 2.5 million	Expense: 2.5 million	Expense: 10 million
Overall Results 19375	1	3	2
Parents (Overall) 8426	1	2	3
Staff (Overall) 4245	1	2	3
Students (Overall) 7335	2	3	1
Community Members 907	1	3	2
Adult Responses 12151	1	2	3
Elementary & Middle Parents 6349	1	2	3

# Group Specific Feedback

- **ES Principals:** Consensus support for Option A/B – interested in school designations – no support for Option C or D
- **MS Principals:** Unanimous opposition to Option D – too late to start and end – Split support for Option A/B
- **HS Principals:** Split between Option D and A – see need for more conversation on contest start times
- **Teacher Assembly/Teacher Forum:** General support for Option A (most) with some supporting Option D (HS Teachers)
- **Supt. Student Advisory Committee:** Split across Option A, Option C, and Option D
- **Community Meetings:** See comment/question document, not supportive of shift



# Questions and Discussion

## Thank you!